

**dementia
adventure®**

Holidays 2024

Windermere

Lake District

Five days, Monday to Friday

Dates & Prices:

(Prices per person, based on two people sharing a room)

✓ 24th–28th June 2024

£1,250

✓ 21st–25th October 2024

£1,150

Our holidays are available to people from all walks of life and we don't want finance to be a barrier to you getting a break. If these prices are out of reach we might be able to offer you further financial help, support you with finding additional funding, or both. Contact us for more information. We will support you to get the holiday you need.



Location

This holiday takes place in the scenic county of Cumbria, in England's northwest. Windermere and the surrounding area is arguably one of the most popular holiday destinations in the whole of the Lake District! Lake Windermere is England's largest natural lake, stretching 10 miles across the South Lakes and surrounded by stunning views and rugged fells. On its shorelines you will find historic market towns, quaint villages, and traditional inns.

Accommodation

Situated on the banks of Lake Windermere and close to the village of Bowness, Windermere Marina offers spectacular views across the water and to the undulating hills beyond. The property is built using traditional Lake District materials and sports a modern, luxurious interior, with beautiful decor.

Most of the accommodation is on the ground floor, so you can enjoy accessible comfort in spacious surroundings. There is a choice of King or Twin bedrooms, one slightly separated from the other three. All have ensuite shower rooms in which the showers may need to be accessed by a small step, apart from one of the King rooms which instead has an ensuite, fully-accessible wet room.

Facilities

- ✓ Ensuite bedrooms with showers or a wet room
- ✓ Level access to most bedrooms
- ✓ Wifi
- ✓ Washing machine

Activities

Lake Windermere is perfectly placed for a range of activities, whatever the weather. On fine days, enjoy a boat trip across the lake or a ride on a steam train while you take in the picturesque views. In more adventurous weather, make use of the beautiful French windows to watch the waves, or cosy up in the local pub for a hearty meal.

Example Itinerary

Every holiday with Dementia Adventure is unique! Your itinerary may vary depending on the date, and will be released to you in good time before your departure — usually about two to three weeks prior.

If you would like to get an idea of the kinds of activities that may be in store for you, see the example itinerary below. However, please note that this example is just a mock-up based on past years' schedules, and does not constitute your final itinerary.

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning		Catch the boat from Bowness to Brockhole Visitors Centre. Archery and an exhibition	Drive along the lake shore to catch the steam train to the Lakeside station from Haverthwaite Railway Station. Visit the Lakeside aquarium before heading back to Haverthwaite	A ramble around the ruins of Wray Castle, plus a walk around the surrounding woodland and lakeshore	Holehird Gardens for a stroll around the walled garden and woodland
Afternoon	Arrival. Meet for a late lunch, then head over to the accommodation, unpack, and go for an afternoon walk	Café lunch, then a guided tour of the grounds and gardens with the Head Gardener. Later, back to the boat for a short cruise. Stop for ice cream before heading back to the accommodation	Café lunch and then a visit to the Lakeland Motor Museum before having some tea and cake	Picnic lunch. Head over to 20th-century Blackwell House to roam the house and grounds	A light lunch
Evening	Enjoy a home-cooked evening meal at the accommodation	Enjoy a home-cooked evening meal at the accommodation	Enjoy a home-cooked evening meal at the accommodation	Dinner at a traditional Lakeland pub	

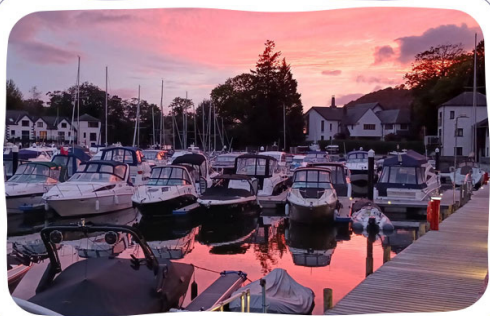
Who is this holiday for?

- ✓ People who enjoy fresh air and beautiful views
- ✓ People with restricted mobility (staying in the ground-floor bedrooms)
- ✓ People who want to share a holiday with three other pairs who are looking for the same chance to unwind and have a great time among gorgeous, natural surroundings
- ✓ People who are comfortable with staying in accommodation directly on the open lakeside

What is included?

The price you pay includes:

- ✓ Four nights' full board accommodation
- ✓ All meals, including lunch and dinner on the first day and breakfast and lunch on the last day. Some of these will be in cafés and pubs as part of the planned itinerary, and some at 'home' in the accommodation
- ✓ Complimentary soft drinks, tea, and coffee
- ✓ All activities and venue entrance charges
- ✓ Transport throughout the holiday
- ✓ Around-the-clock support from the Dementia Adventure team, on location and throughout the holiday
- ✓ Pre- and post-booking support
- ✓ Organisation, remote support, and personal communication in the run-up
- ✓ One free photobook per booking



Book your Windermere holiday:

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For more information on this, please contact us:

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✉ adventures@dementiaadventure.co.uk

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