

Braw Blether

Reading Between The Lines



Penicuik 1.30pm – 3.00pm	Loanhead 1.30pm -3.00pm	Gorebridge 10.30 – 12.00pm
28/01/20	21/01/20	20/01/20
11/02/20	4/02/20	3/02/20 *
25/02/20	18/02/20	17/02/20
10/03/20	3/03/20	2/03/20 *

“It surprised me and I love it, absolutely love it.”

“I do manage to switch off here.”

*carers group

Braw Blether groups use words for wellbeing - poetry, short stories, song lyrics, local history and more - to spark conversation in a safe, relaxed environment.

You don't need to be a great reader to come along, and you don't need to bring anything with you.

It's **free** for all adults.

For more information contact:

Juliet Ridgway-Tait | **Healthy Reading Bibliotherapist**

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or speak to a member of staff at your local library