

Discover nature online.

There are lots of ways to connect with nature through technology. For example, you could take a virtual tour of a nature reserve or national park, listen to a nature podcast, watch a wildlife program or join a nature photography group on social media.

Here are a few ideas to explore:

- Explore ways of connecting with nature at RSPB: <https://www.rspb.org.uk>
- Use the [winter or springtime calendars](#) to connect with nature from home.
- Soar above Scotland's Mountains: www.youtube.com/user/wilkiemurray
- Tune in to RSPB's Birdsong Radio: www.rspb.org.uk/get-involved/campaigning/let-nature-sing/birdsong-radio/ Notice all the varieties of rhythm and pitch. How does your body respond as you listen
- Watch brown bears fishing for salmon at Katmai National Park in southern Alaska: explore.org/livecams/brown-bears/brown-bear-salmon-cam-brooks-falls
- Get to know the seabird colonies, seals and puffins in the Shetland Isles: www.shetlandwebcams.com
- Take a birds eye view of Yosemite Falls or El Capitan: www.nps.gov/yose/learn/photosmultimedia/webcams.htm
- Connect with nature with RSPB Video: www.youtube.com/watch?v=cVH8h87uumc
- Go live an osprey nest at the Loch of the Lowes: www.scottishwildlifetrust.org.uk/things-to-do/watch-wildlife-online/loch-of-the-lowes-webcam-2/
- Look for wild badgers at dusk in Cumbria: www.cumbriawildlifetrust.org.uk/wildlife/cams/badger-cam
- View bald eagles nesting in Iowa: explore.org/livecams/bald-eagles/decorah-eagles

- Watch Old Faithful erupt at Yellowstone National Park: www.nps.gov/yell/index.htm
- Listen to the roar of sea lions at Hanson Island, British Columbia:
explore.org/livecams/oceans/orcalab-steller-sea-lion-haulout
- Watch a wildlife program on BBC iplayer www.bbc.co.uk/iplayer/search?q=wildlife